

Pregnancy yoga at Blackheath Complementary Health Centre

With Bernadette King, BWYDip, ITECDips APM & IHM, FEDANT registered 11790

Please visit www.peacefulpractice.co.uk for full details about this course.

It is possible to join this group after a course commences. Your fee will reflect the number of classes attended - please contact Bernadette to enquire about availability.

Yoga mats are provided.

Course 1

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|---------------------|--|
| Venue | Blackheath Complementary Health Centre, 184-186 Westcombe Hill, LONDON SE3 7DH |
| Dates | Wednesdays 09 – 23 August 2017 |
| Sessions | 3 |
| Time | 18:00 – 19:15 |
| Cost | £38 |
| Closing date | 02 August 2017 |

Course 2

| | |
|---------------------|--|
| Venue | Blackheath Complementary Health Centre, 184-186 Westcombe Hill, LONDON SE3 7DH |
| Dates | Wednesdays 13 September – 01 November 2017 |
| Sessions | 8 |
| Time | 18:00 – 19:15 |
| Cost | £105 |
| Closing date | 07 September 2017 |

Venue information

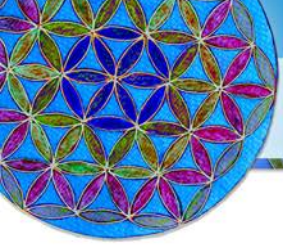
The Centre is at the Blackheath Standard, in a parade of shops/businesses where many buses stop. It is next to an estate agent called Your Move. Access is via the intercom outside front door - Press "Studio" buzzer. We are on 2nd floor.

Parking and public transport

Parking on local side roads-unrestricted for up to 2 hrs.

Buses 108, 286, 386, 422 53, 54, 380, 202 - Bus stop is Blackheath Standard

Nearest BR station is Westcombe Park



Booking form and payment

Cheques:

Please complete the booking form on following page and send, with payment, to:

B. King, 12 Christchurch Way, Greenwich, London SE10 9AL

Please make cheque payable to B. King.

Bank transfer payments:

Payment may be made by internet banking:

Account name: Bernadette King | Sort code: 30-93-70 | Account: 10924568

After payment has been made, booking forms can be posted to Bernadette as above or emailed to

info@peacefulpractice.co.uk Confirmation of all bookings will be made by telephone or email.

Peaceful Practice: Pregnancy yoga

Venue: Blackheath Complementary Health Centre, 184-186 Westcombe Hill, LONDON SE3 7DH

Time: 18:00 – 19:15

Dates:

Please complete the following:

Wednesdays 09 August – 23 August 2017 (3 sessions) - £38

Wednesdays 13 September – 01 November 2017 (8 sessions) - £105

I would like to book the above course and have read and agree to your Terms & Conditions.

Total amount due:

£

I enclose a cheque for the full amount

I have paid the full amount by bank transfer

Name

Email

Tel

Terms & Conditions – a gentle reminder!

So that there is no confusion regarding the cancellation policy, here are the details:

- A full **48 hours' notice** is required for all cancellations of yoga classes and workshops.
- It is not possible to carry over missed sessions to a future course, for example if you have either booked a holiday before or during a course you have paid for. If there are exceptional circumstances Bernadette may make an exception, so please contact her to enquire 48 hours prior to the absence.
- Regrettably, apart from exceptional circumstances such as early birth; no refunds can be given for non-attendance or cancellations with less notice than the times stated.
- If the yoga teacher cancels a class, a full refund will be given for that class

Please note that all bookings are subject to these conditions.

Thanks so much for your co-operation.

Warm regards,

Bernadette

Contact details

Any queries please contact Bernadette

Tel 07816 443319 / 020 8853 5944

Email info@peacefulpractice.co.uk

Website www.peacefulpractice.co.uk