

Pregnancy yoga at Blackheath Complementary Health Centre

With Bernadette King, BWYDip, ITECDips APM & IHM, FEDANT registered 11790

Please visit www.peacefulpractice.co.uk for full details about this course.

It is possible to join this group after a course commences. Your fee will reflect the number of classes attended - please contact Bernadette to enquire about availability.

Yoga mats are provided.

Course 1

Venue	Blackheath Complementary Health Centre, 184-186 Westcombe Hill, LONDON SE3 7DH
Dates	Wednesdays 10 January – 14 February 2018
Sessions	6
Time	18:00 – 19:15
Cost	£95
Closing date	05 January 2018

Course 2

Venue	Blackheath Complementary Health Centre, 184-186 Westcombe Hill, LONDON SE3 7DH
Dates	Wednesdays 21 February – 28 March 2018
Sessions	6
Time	18:00 – 19:15
Cost	£95
Closing date	16 February 2018

Venue information

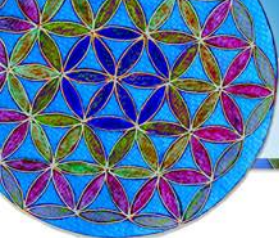
The Centre is at the Blackheath Standard, in a parade of shops/businesses where many buses stop. It is next to an estate agent called Your Move. Access is via the intercom outside front door - Press "Studio" buzzer. We are on 2nd floor.

Parking and public transport

Parking on local side roads-unrestricted for up to 2 hrs.

Buses 108, 286, 386, 422 53, 54, 380, 202 - Bus stop is Blackheath Standard

Nearest BR station is Westcombe Park



Booking form and payment

Payment may be made by internet banking:

Account name: Bernadette King | Sort code: 30-93-70 | Account: 10924568

After payment has been made, booking forms can be posted to Bernadette:

B. King, 12 Christchurch Way, Greenwich, London SE10 9AL or emailed to:

info@peacefulpractice.co.uk.

Confirmation of all bookings will be made by telephone or email.

Terms & Conditions – a gentle reminder!

Our Terms & Conditions, including our Cancellation policy, can be viewed on our website:

www.peacefulpractice.co.uk/faq/#terms

Contact details

Any queries please contact Bernadette

Tel 07816 443319 / 020 8853 5944

Email info@peacefulpractice.co.uk

Website www.peacefulpractice.co.uk

Peaceful Practice: Pregnancy yoga

Venue: Blackheath Complementary Health Centre, 184-186 Westcombe Hill, LONDON SE3 7DH

Time: 18:00 – 19:15

Dates:

I would like to book a course on the following dates:

Wednesdays 10 January – 14 February 2018 (6 sessions) - £95

Wednesdays 21 February – 28 March 2018 (6 sessions) - £95

Total amount due:

I have paid the full amount by bank transfer

I have read & agree your Terms & Conditions at: www.peacefulpractice.co.uk/faq/#terms

Name

Email

Tel