



Pregnancy yoga at Blackheath Complementary Health Centre

With Bernadette King, BWYDip, ITECDips APM & IHM, FEDANT registered 11790

Please visit www.peacefulpractice.co.uk for full details about this course.

Yoga mats are provided.

Course 1

Venue	Blackheath Complementary Health Centre, 184-6 Westcombe Hill, London SE3 7DH
Dates	Saturdays 26 Feb – 26 March 2022
Sessions	5
Time	10:00 – 11:00
Cost	£75
Closing date	23 Feb 22

Parking and public transport

Buses 422, 335, 108, 286, 386, 202, 54, 53

Train Westcombe Hill

Booking form and payment

Payment may be made by online bank transfer: please contact Bernadette for details

After payment has been made, booking forms can be emailed to Bernadette: info@peacefulpractice.co.uk.

Confirmation of all bookings will be made by telephone or email.

Terms & Conditions – a gentle reminder!

Our Terms & Conditions, including our Cancellation policy, can be viewed on our website:

www.peacefulpractice.co.uk/faq/#terms

Contact details

Any queries please contact Bernadette

Tel 07816 443319 / 020 8853 5944

Email info@peacefulpractice.co.uk

Website www.peacefulpractice.co.uk

Peaceful Practice: Pregnancy yoga

Venue: Blackheath Complementary Health Centre, 184-6 Westcombe Hill, London SE3 7DH

Time: 10:00 – 11:00

Dates:

I would like to book a course on the following dates:

Saturday 26 Feb – 26 March 2022 (5 sessions) - £75

Total amount due:

I have paid the full amount by bank transfer

I have read & agree your Terms & Conditions at: www.peacefulpractice.co.uk/faq/#terms

Name

Email

Tel