

# SAMHAIN MINI RETREAT



**With Yoga, Ritual and Reiki as our supports, we mark Samhain-Summer's End- (more popularly known as Hallowe'en).**

Entering into the darkest phase of the darkest half of the year, the invitation is to accept, rather than avoid, the not knowing, and surrender. By tuning into this energy, we may discover the treasures there giving us the opportunity of real transformation.

**Sunday 30 October 10:00-13:30. £50. £40 concs**

**BLACKHEATH COMPLEMENTARY HEALTH CENTRE, 184/6  
WESTCOMBE HILL SE3 7DH**

**FULLY EQUIPPED YOGA STUDIO. BOOKING ESSENTIAL.**

**CLOSING DATE THURSDAY 27 OCTOBER 2022. [info@peacefulpractice.co.uk](mailto:info@peacefulpractice.co.uk) 07816 443319**

