

LUGHNASADH / LAMMAS YOGA & RITUAL.



The wheel turns and at Lughnasadh we celebrate our own personal harvest, to give thanks and offer hope for the future.

WEDNESDAY 31 JULY 2024. 19:00-20:30. Greenwich Park Flower Gardens. Meet at Blackheath gate (opposite where the donkeys used to be) by 18:50. Bring a mat.

(Alternate location nearby if weather inclement!)

£15. Booking in advance required. Closing date Sunday 28 July 2024.

info@peacefulpractice.co.uk 07816 443319

